



Winter Safety

Gas Meters and Vents

- If equipment has a mechanical problem that causes the natural gas to burn improperly, it could produce carbon monoxide.
- CO is an odorless, poisonous and potentially fatal gas. Possible symptoms include:
 - o Out of breath
 - o Dizziness
 - o Nauseous and have headaches
 - o Feel sleepy, tired, and/ or are drowsier than normal
- **REMEDY:**
 - o Get fresh air right away. Then call the gas company to have your equipment inspected.
- **REMEDY:**
 - o Check your equipment vents and combustion air intakes. Make certain they are unobstructed, tight, clean and in good repair. The pressure regulator has a vent which must not be blocked.



Snow accumulation on roofs

- Remove excess snow from roofs to prevent roof collapse.
- Make sure roof vents are clear of snow.

Remove snow and ice from exits

- Make sure all exits remain unblocked by snow and ice.
- Always have two ways out of your home.

Preventing Slips, Trips and Falls

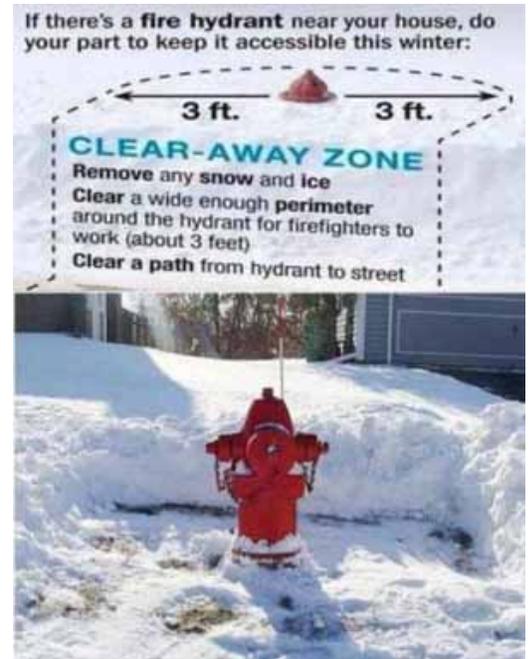
- Clear ice and snow from exit landings, exterior walkways, and driveways.
- Use sand or salt to help clear a path.



Winter Safety

Fire Hydrants

- Make sure hydrants have 3 feet of clearance on all sides for fire department access.
- A clear path to the street is ideal.
- If there is a hydrant in your neighborhood, make sure that the hydrant is clear of snow.
 - o One fire hydrant can protect an entire block.



Winter Survival Kit

- Have a winter survival kit available in case of power outage or a stalled vehicle.
- Include the following items:
 - o Extra blankets, hats, gloves and socks.
 - o Candles
 - o First aid kit
 - o Bottled water
 - o Hand/feet warmers
 - o Snacks such as granola, nuts, and dried fruit

Frostbite

- Limit time you're outdoors in cold, wet or windy weather.
- Wear several layers of loose warm clothes.
- Watch for signs of frostbite.
 - o Early signs of frostbite include red or pale skin, prickling, and numbness.
- **REMEDY:**
 - o Seek warm shelter.
 - o Protect the infected area from further cold.
 - o Contact a doctor.